



EMPLOYMENT TRIBUNALS

Claimant: Mr J Frost

Respondent: Royal Mail Group Limited

HELD AT: Watford by CVP

ON: 14 November 2024

BEFORE: Employment Judge Fearon

REPRESENTATION:

Claimant: Mr Frost in person

Respondent: Ms Kendrick, solicitor

JUDGMENT

The judgment of the Tribunal is that:

The claimant's complaint of unfair dismissal is not well founded and is dismissed.

Employment Judge Fearon

Dated: 14 November 2024

JUDGMENT SENT TO THE PARTIES

19/12/2024

FOR THE TRIBUNAL OFFICE – N Gotecha

Notes

Reasons for the judgment having been given orally at the hearing, written reasons will not be provided unless a request was made by either party at the hearing or a written request is presented by either party within 14 days of the sending of this written record of the decision.

Public access to employment tribunal decisions

Judgments and reasons for the judgments are published, in full, online at www.gov.uk/employment-tribunal-decisions shortly after a copy has been sent to the claimant(s) and respondent(s) in a case.

Recording and Transcription

Please note that if a Tribunal hearing has been recorded you may request a transcript of the recording, for which a charge may be payable. If a transcript is produced it will not include any oral judgment or reasons given at the hearing. The transcript will not be checked, approved or verified by a judge. There is more information in the joint Presidential Practice Direction on the Recording and Transcription of Hearings, and accompanying Guidance, which can be found here:

<https://www.judiciary.uk/guidance-and-resources/employment-rules-and-legislation-practice-directions/>